



The 'M' Check

Starting at the rear and working forward, as you would write an 'M', check these points...

- 1 Do the wheels turn freely?
- 2 Is there any damage to the gears?
- 3 Is the luggage rack damaged?
- 4 Do the rear brakes work?
- 5 Is the saddle height correct for you?
 - A Slight bend in the knee at bottom of the pedal stroke
 - B Only tip-toes should touch the ground while seated
- 6 Is the battery fitted? (Electric bikes only)
- 7 Do the pedals turn freely?
- 8 Are all the levers working?
- 9 Are the fitted lights working?
- 10 Do the front brakes work?
- 11 Are the tyres inflated and firm?

Find out how you can stay safe cycling at:
www.environment.cam.ac.uk/travel
Email: Travel@admin.cam.ac.uk

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