

## 1. Sustainability information for College rooms

Note: Items in italics need customizing for each college situation

The College has a commitment to sustainability and anticipates all students will share that commitment. Below is some advice and information to help.

### Heating

- *Describe how the heating controls work. Does the occupant have any control of the temperature?*
- Dress appropriately for the season - wear a jumper to keep warm.
- Keep windows and doors closed when the heating is on.

### Lighting

- *Explain how the lighting controls work. Does the occupant have control via switches or are they based on sensors?*
- Remember to switch off lights when they are not in use or when leaving the room.

### Waste and recycling

- *Explain where recycling points are located and who is responsible for emptying them.*
- *Explain what can and cannot go in recycling bins, or refer students to bin labels if these are present on bins.*
- *Explain the location of other recycling facilities, such as for batteries and printer cartridges.*
- *Does the College participate in the British Heart Foundation scheme? If so, provide details of the nearest collection point.*
- *What target does the College have for the proportion of waste being recycled?*
- It is important to reduce and reuse as well as to recycle. Donate unwanted items to charity. There are a whole variety of charity shops on Burleigh Street, near the Grafton Centre.

### Water

- Save water by turning taps off when brushing teeth.
- Only fill the kettle with the amount of water you need (this saves energy too).
- Use laundry machines when you have a full load.

### Food

- *Explain any sustainability initiatives in cafeteria e.g. availability of vegetarian and vegan options, reusable cups scheme, etc.*

**Save energy**

- Switch off electrical devices when they are not in use.
- Mobile phone chargers, laptop docking stations and some desktop printers use energy regardless of whether they are charging or not because the voltage transformers on the plug consume energy.
- Save energy by switching these devices off and unplugging them when they are not in use.
- Use a saucepan lid for quicker and more efficient boiling/cooking.
- *If there are lifts in the building - take the stairs whenever it is possible to do so.*

**Getting around**

- *Include any relevant information about cycle storage facilities or cycle discounts.*
- *Provide a weblink to bus timetables for services running closest to the College.*
- The Universal bus service is a University-subsidised bus (£1 per journey), offering a sustainable way of getting between University sites.

**If something isn't working properly**

- If something isn't working properly in your room (e.g. dripping taps, lights not working, or the room is too hot), please report it.
- *Include how to report something and who to contact.*

**Environmental initiatives in College**

- *Include any relevant information about environmental initiatives they can get involved with in College e.g. Green Impact, Student Switch Off, etc.*

**Key contacts**

- *Names and emails of JCR and MCR Green Officers*
- *Any key staff contacts? Environmental committee details?*
- For University-wide information and initiatives, email: [sustainability@admin.cam.ac.uk](mailto:sustainability@admin.cam.ac.uk)